



MEN'S & WOMEN'S  
**GARDEN CLUB**  
OF MINNEAPOLIS

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February 2017

**The Garden Spray**

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## FEBRUARY 14 MEETING:

### "PRUNING ESSENTIALS FOR LANDSCAPE SHRUBS" WITH KATHY ZUZEK

**Please note: the February meeting will be held at Lake Harriet Methodist Church, 4901 Chowen Ave. S., Minneapolis.**

#### Menu

6:00 Social Time  
6:15 Dinner  
7:00 Business Meeting  
7:30 Program

Parmesan-crusted Tilapia  
Swedish Meatballs  
Orzo Pasta  
Mixed Vegetables  
Mixed Green salad  
Chocolate Cupcakes

- Permanent reservations are in effect.
- Dinner is \$13.00.
- Reservations or cancellations are required no later than Friday, February 10.
- Email [Carole Ann Brekke](#), or call (952) 435-6029.
- For last-minute cancellations, call Alan Gallaher at (952) 933-1713. If he can sell it, you won't be billed.

## PICK UP YOUR 2017 MWGCM DIRECTORY

The MWGCM 2017 Directory is now available. If you didn't pick up yours last month, they'll be available at the February and March meetings.

## SAVE THE DATE: APRIL 8

Mark your calendars for Saturday, April 8 for a club tour of Gertens annual and perennial growing greenhouses. Look for details in the March *Garden Spray*.

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## From the President

Sandra Abraham

Traditionally, on February 2, a groundhog comes out from winter quarters and

prognosticates the weather. In our club we have a distinguished weather prognosticator who, if you follow her on Facebook, undoubtedly will issue her report. Perhaps we can get her to give us her prediction at our February meeting.

At our January meeting we installed the newly elected Officers and Board of Directors and thanked outgoing President Judy Brooke for a job well done. We recognized the 2016 Holiday Party Committee for a well-planned and well-attended party, as well as their prompt review of the evening, which they presented to the board at the meeting.

The Tour Committee had already met and reported to members to save the dates of July 8 and July 15 for that tour. Once they have confirmed the gardens, the final date will be announced.

Other committees have scheduled planning sessions and will share updates as they happen.

This will be my second term as club president. Some people have asked why I would take on this job a second time. The short answer is because we have a strong history of dedicated members who step up and carry the responsibilities of our club through their volunteerism and committee participation. I was a bit scared the first time around, but after I realized that all of the club activities are put into action by those dedicated members, I relaxed and enjoyed the ride. Seasoned members knew exactly how to put the yearly activities into motion, and they mentored new members along the way. It is a model that works well for us.

We do, however, have some challenges this year and I want to engage all of you in this discussion. At the February meeting, Vice President Mary Barsness will be announcing the 2017 Nominating Committee. We will be looking for members to run for office or as a director. Please consider this opportunity to bring your fresh ideas for continuing the club's rich heritage.

We also have a webmaster who not only set up the MWGCM website, but has updated it, upgraded it, archived newsletters, created a photo directory--and the list goes on--for nearly 17 years. We can be proud to recommend our website to gardeners all over the state, and it has been viewed by gardeners in at least 35 countries. Andy Marlowe asked the members at the January meeting to consider taking on this position. These are big shoes to fill, but there is no doubt in my mind Andy will help the new webmaster transition into this role with as much care and attention as he has paid to creating our website.

Finally, we will be celebrating our 75th anniversary in many ways throughout this year. I have assembled an ad hoc committee to help with this endeavor, and I will introduce them at the February meeting. We do not have all of the details confirmed yet for a special event, but we do want you to put Saturday, June 24 on your calendar for a celebration to be held in the beautiful St. Paul Highland Park gardens of Jerry and

Lee Shannon.

Enjoy those seed catalogues and planning your gardens for this summer. Keep in mind what you will be entering in the FFF show in August...there are trophies to be won!

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## From the Editors

Tom McKusick, Nancy Felice

Our 75th anniversary year promises to be a big one. In the *Garden Spray*, we'll be looking back at the history of the club as well as looking ahead to new events.

For example, with the closing of the downtown Dayton's (for those of us who are still in denial), there won't be a flower show this year. But never fear, our resourceful Programming Committee has come up with a new event--a tour of Gertens greenhouses on Saturday, April 8--to help us usher in spring. Look for more details in the March *Garden Spray*.

It's never too early to start thinking about two other major events: The Plant Sale Committee is deep in the planning stages, and the FFF Committee announces its selection for featured flower and vegetable in this issue.

Also, a shout out to everyone on our 2016 Donor's List. The generosity of MWGCM members is evident in so many ways.

Here's to a year of celebration as the Men's and Women's Garden Club of Minneapolis turns 75 years young.

-- Nancy Felice

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## 2017 Flower, Food & Foto Show

Judy Berglund, Chair

Each year, the Flower Food and Foto Show committee chooses one flower and one vegetable to feature at the August show. For 2017, Salvia is our featured flower and carrots are the featured vegetable.

**2017 FEATURED FLOWER: SALVIA**

**Growing Salvia**



Salvia seeds should be started six to eight weeks before the last frost. Some varieties require light to germinate, so seeds should be spread on top of the soil. Another option is to purchase seedlings through the plant sale order form or at the club's plant sale on May 9.

Transplant Salvia into the garden after the last frost in our area. Space 10" to 20" apart, depending upon species. Give them plenty of room to grow and show off their bright blooms.

Salvia plants like full sun. They grow well in average or better soil, but the soil should drain well. Add general-purpose fertilizer when planting them, then once a month after that.



### **Exhibiting in the FFF Show**



For cut flowers, the FFF Show schedule calls for three uniform spikes of flowers entered in Section A, Class 22. Salvia grown in containers or hanging baskets (Section E, Classes E 28 and E 33) will also be considered for the featured flower award.

Plan to incorporate your favorite Salvia into your garden and enter them in our show in August.

## **2017 FEATURED VEGETABLE: CARROT**

The carrot, one of the world's healthiest foods, is a root vegetable. Although usually orange in color, purple, black, red, white and yellow varieties exist.

### **Growing carrots**

Carrots are grown from seed and most varieties mature within 70 to 80 days. They grow best in full sun but will tolerate some shade. The ideal soil is deep, loose and well-drained, sandy or loamy soil.



### **Exhibiting in the FFF Show**

Carrots should be exhibited as three carrots of uniform size, shape and color. Side roots should be carefully trimmed off, but not the tap root. Trim tap root of carrots to 1". Carrot tops should be trimmed off 1½ to 2" above the crown.

Root vegetables should be carefully washed but not scrubbed so



that the outer skin is injured. Mature carrots should be entered in class appropriate for variety such as finger, short or long tapered.

So here is to healthy eating--try planting a few carrots.

*Photos courtesy of Park Seed.*

## Photo Directory Update

Andy Marlow, Webmaster

### **MWGCM PHOTO DIRECTORY IS ONLINE FEBRUARY 1**

A new version of the electronic MWGCM photo directory will be posted to the MWGCM website on February 1 in a password-protected directory. To access the directory, you'll need a username and password which you can get by contacting [webmaster@mwgcm.org](mailto:webmaster@mwgcm.org). Then go to [www.mwgcm.org](http://www.mwgcm.org) and click on the Photo Directory link. Then enter the username and password. You can view the directory online or print it out. If you would like a copy emailed to you, please contact the webmaster.

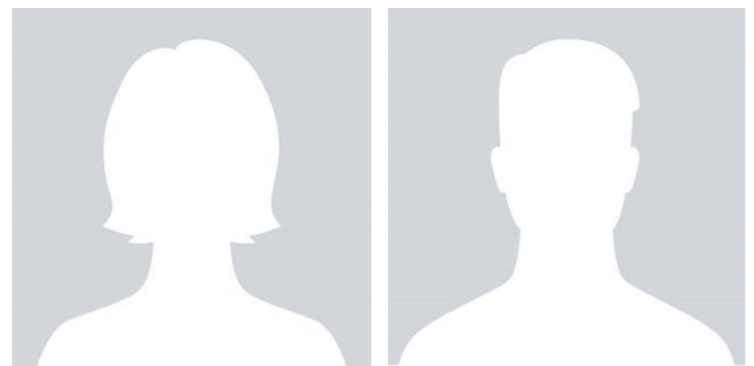
I have explored having copies printed for those without Internet access. It would cost about \$3 a copy if we can get 50 orders. Members would have to pay directly as there is no budget item to cover this cost. Please let me know if you are interested and we'll see if we can amass 50 orders.

*-- Andy Marlow*

### **Are you in the photo directory?**

The photo directory is a work in progress. Current members are listed alphabetically. New members will be added at the end of the list until the end of the year. Then they will be integrated in alphabetical order.

We're still missing photos of a significant number of members. They are represented by a silhouette. If you are represented by a silhouette in the directory and would prefer a photo, I'll be taking photos at the March meeting. Or you can send a head-and-shoulders photo to [ajmarlow@comcast.net](mailto:ajmarlow@comcast.net).



Here is a list of members without photos as of January 15:

Len Brenny  
Larry Cipolla  
Tami Hagen  
Robert Heiberg  
Mary Helebrant

Harry Hoks  
Jan Johnson  
Laurie Levin  
Bob Livingston  
Sandra Mangel  
Kent Petterson

Theresa Rooney  
Denise Rust  
Phil Smith  
Eric Smoczyk  
Kay Wolfe

## Lyndale Park Gardens/Native & Shade Gardens

Kirky Otto & Carol Schreier, Co-chairs

### IT'S WORTH THE WAIT

The MWGCM plant sale isn't until May 9. Plants won't start erupting from the ground until March or April at the earliest. However, there are things ahead worth the wait.



The native and shade garden work group met in January and learned from Nancy Felice and Susan Tapp that there is interest in having native plants available at our plant sale. The group is excited about being available at a native plant table to help buyers select the things that will work for them. We'll have information about whether they prefer sun or shade, wetland or dryland, when they bloom, what pollinators they might attract and other information.

We hope for an assortment of plants so buyers interested in supporting pollinators can provide pollen across the entire growing season. There are thousands of varieties of plants that produce pollen, certainly not all of them native to Minnesota. Our table will feature local natives that offer benefits to bees, other insects, especially butterflies, and the hummingbirds generally referred to as "pollinators."

After two years of work in the Lyndale Park Native Garden, the group also recognizes the need for plant supports that blend in and keep tall, lanky plants upright. Park Board employee (and director of the native and shade garden areas) Andrew Gawboy showed us how he builds willow and bamboo structures that look natural, provide interest, and help keep plantings looking good. He will provide a supply of willow and gave the group pictures and instructions on how to create the structures; now it's really hard to wait for spring!

Shade garden designer Carol Schreier and board member/Hosta expert Steve

Shubick plan to add a variety of blue Hostas to the shade garden, expanding the color range in that area and extending the planted area between the Native Garden and the Mixed Border Garden. The shade garden has transformed from a place to discard unwanted plants to a handsome area of plantings that thrive in spite of the huge white pines that block most of their sunlight.

Our next meeting will be Thursday morning, February 23, at a location to be determined. If you'd like to be on the email list of people who get together monthly in the winter, email [Kirky Otto](#). Our group ranges from people who have never used native plants (or gardened!) to tried-and-true experts; you'll be welcome no matter where you fall along that spectrum.

-- Kirky Otto

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## Need a Ride/Give a Ride

Are you a member who is no longer able to drive to MWGCM meetings/events (or feels uncomfortable driving at night)? Or are you a member who would be willing to give one of our seniors a ride if they live on your way to a meeting?

The club would like to know if there is interest in getting a ride, or willingness to give a ride. If you are one of these people, we'd like to hear from you. Please email [Sandra Abraham](#) or call her at (651) 452-0858.



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## Membership Corner

Judy Brooke, Chair

### WELCOME MARY ANN LENG

When Mary Ann's daughters were growing up, her hobby was sewing clothes and costumes for them. This evolved into sewing things for the home like drapes and pillows. Her professional career was in public relations. Since retiring Mary Ann is interested in new hobbies and learning new things. Pickle ball is one of her new activities. She'd also like to learn more about gardening. Mary Ann has moved from the family home in Edina to a townhome in Minnetonka. Last summer she tried



growing Hostas, but the bunnies finished them off within weeks. She found our club on the Internet and is considering helping out at the Lyndale Park Gardens.

-- *Judy Brooke*

## **WELCOME LYNDA LUNDSTROM**

Lynda lives in Richfield. She was inspired to start gardening about 15 years ago after her first trip to Europe. She noticed even when a home had no yard, the owner would fill window boxes with beautiful flowers. Lynda thought about her large lot back home and upon returning began to plant a garden. She mainly grows natives and is most interested in attracting pollinators. She also does some container gardening with annuals she purchases from Wagner's in Richfield. Lynda learned about us when she saw the notice of our summer tour in the Star and Tribune and came along on the tour. She's also a member of the Minnesota Horticulture Society. Lynda works in sales for a label company in Hopkins.



-- *Judy Brooke*

## **WELCOME LINDA THOMPSON**

Linda and her husband Mike have lived at 51st and Beard for just three years. They initially consulted a landscape firm that recommended plants for their sunny perennial gardens. Linda has cultivated three rain gardens and has increased the variety of plants for sun and shade including herbs and tomatoes, which she grows in pots. She shops for plants at the Edina Garden Club sale and the Hennepin County Master Gardeners' sale in Hopkins. She also loves our MWGCM sale and is interested in working on the committee. She found our club through the Northern Gardener magazine and decided to become a member after visiting our plant sale (loves the caladium). She recommends the book "Well-Tended Perennial Gardens" and refers to it often for advice on dividing and cutting back. Linda is a retired pediatrician, and Mike reminds her as she nurtures her struggling plants "these are not your patients!"



-- *Sandra Mangel*

We also welcome new member Joel Greenwald. More about Joel in the next *Garden Spray*.

*Every member bring a member.*

At the Holiday Party and January meeting, long-time MWGCM members received certificates recognizing their years of service. Congratulations to the 2016 honorees:

**60 Years**  
Roger Koopmans

**20 Years**  
Gary Geister

**30 Years**  
Charles Benson  
Robert Heiberg  
Kent Petterson  
M.T. Pulley

**10 Years**  
Judy Berglund

## 2016 Donors

The MWGCM deeply appreciates the generosity of donors to our club over the years. We wish to take this opportunity to acknowledging those who have been so generous this past year. Below is the list of our supporters and, in the case of memorial donations, the people whom we remembered this year. A cumulative, permanent list is on our website. Thank you for your gracious gifts.

### Memorial Donations

<b>Donor</b>	<b>Recipient</b>	<b>Remembering</b>
Mollie Dean	Lyndale Park Mixed Border Garden	Alice W. Wolfe
Mary Maynard	General Fund	Don Morgenweck
Mary Maynard	Lyndale Park Mixed Border Garden	Alice W. Wolfe
Toni Okada	Lyndale Park Mixed Border Garden	Alice W. Wolfe
Stephan Shubick	Lyndale Park Mixed Border Garden	Alice W. Wolfe
Kay Wolfe	Lyndale Park Mixed Border Garden	Archie Caple
Kay Wolfe	Lyndale Park Mixed Border Garden	Stan Crist
Kay Wolfe	Lyndale Park Mixed Border Garden	Melba Hunter
Kay Wolfe	Lyndale Park Mixed Border Garden	Don Morgenweck
Kay Wolfe	Lyndale Park Mixed Border Garden	Alice W. Wolfe
Kay Wolfe	Lyndale Park Mixed Border Garden	Yvonne C. Wolfe

### Supporting Donations

<b>Donor</b>	<b>Recipient</b>
AmazonSmile	General Fund
Dale Bachman	General Fund
Judy Brook	Scholarship Fund
Chuck Carlson	Scholarship Fund
Mollie Dean	Scholarship Fund
Dave Johnson	Scholarship fund
Jan Johnson	Scholarship fund
Andy Marlow	Scholarship fund
Mary Maynard	Scholarship fund
Roger Koopmans	Lyndale Park Mixed Border Garden
Larry & Randi Larson	Lyndale Park Mixed Border Garden
Jerry Shannon	Lyndale Park Mixed Border Garden

## Board Meeting Highlights

Laurie Levin, Recording Secretary

From the January 4 Board Meeting:

- President Abraham presented her goals for the club for the coming year, which included planning a celebration of the club's 75th birthday and an emphasis on fiscal responsibility and efficiency of governance for the club.
- Two financial motions were carried:

A motion was made, seconded and approved to establish a new Certificate of Deposit at Royal Credit Union rather than keeping the funds at U.S. Bank.

The Board agreed to increase the Holiday Party budget line for the 2017 event.

- After a thorough discussion about the Green Thumb Award, the Board decided that this award will no longer be given, because of the difficulty in tracking members' attendance at club meetings.

Full minutes of the board meetings are always available to members from [Laurie Levin](#).



*2017 board members receiving the not-so-solemn oath of office at the January club meeting.*

## Treasurer's Snapshot

Alan Gallaher, Treasurer

### AS OF DATE JANUARY 23, 20

<b>Checking Balance</b>	\$22,172
<b>Designated Funds</b>	
Lyndale Park/Mixed Border Garden	\$ 2,376
Scholarship	\$ 2,856
Deane Fund at RCU	\$64,967
<b>Working Balance</b>	\$ 16,940
<b>Petty Cash</b>	\$ 100
<b>MWGCM 19-month CD at US Bank</b>	\$ 5,282

## Meeting & Event Calendar

**February 14**

Pruning Essentials for Landscape Shrubs  
 Kathy Zuzek  
 Lake Harriet United Methodist Church

**March 14**

Best Practices for Garden Pest  
 Management  
 Dean Herzfeld  
 Lakewood Cemetery Garden Mausoleum

**April 8**

Gertens greenhouse tour  
 Details to come

**May 9**

Plant Sale and Auction  
 St. Mary's Greek Orthodox Church  
 Minneapolis

**June 13**

Pollinator Friendly Gardening  
 Rhonda Fleming Hayes  
 Lakewood Cemetery Garden Mausoleum

**June 24**

75th Anniversary Celebration  
 Details to come

**July & August**

Garden Tours  
 Dates & Times TBD

**August 19 & 20**

Flower, Food and Foto Show U of M  
 Landscape Arboretum

**September 12**

Ask the Experts: Answers to All Your  
 Gardening Questions  
 Lakewood Cemetery Garden Mausoleum

**October 10**

Using Dwarf and Miniature Conifers in the  
 Garden  
 Jeremy Moore  
 Lakewood Cemetery Garden Mausoleum

**November 14**

Behind the Scenes at the Friends School  
 Plant Sale  
 Henry Fieldseth  
 Lake Harriet United Methodist Church

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## 2017 Officers & Directors

**Club Officers**

**President**  
 Sandra Abraham  
 Eagan

**Vice President**  
 Mary Barsness  
 Prior Lake

**Membership Secretary**  
 Judy Brooke  
 St. Louis Park

**Recording Secretary**  
 Laurie Levin

**Directors**

Judy Berglund  
 Minnetonka

Bonnie Haehn  
 Minneapolis

Dave McKeen  
 St. Louis Park

Steve Shubick  
 St. Paul

Golden Valley

**Treasurer**

Alan Gallaher

Edina

**Past President**

Judy Brooke

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