

Member-- Mens Garden Clubs of America . Minnesota State Horticultural Society

February 1988, Volume 46, Number 2



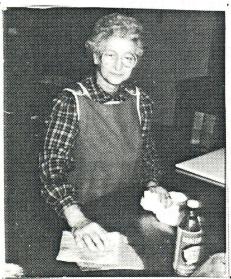
NEXT MGCM MEETING

TUESDAY FEBRUARY 9, 1988

LAKE HARRIET CHURCH CHOWEN AVE. S. at 49th

DINNER AT 6:00 \$6.00

We are meeting back at the old familiar location again. Things look much the same save for the tables. Dark brown round tables seating six have replaced the light colored long tables. As you can see from the picture taken in January, Agnes is back waiting to serve you one of her famous meals, so MAKE YOUR RESERVATION NOW!



The PROGRAM for the evening is titled "GETTING YOUR GARDEN READY FOR THE NATIONAL CONVENTION". The speakers Jerry Shannon and Fred Glasoe, both members of MGCM, will talk about plants that will be in full bloom by July 4th. They will demonstrate effective sowing techniques and how to transplant. They will also cover growing under lights.

Those of us who have visited Jerry's garden know he has a great deal of knowledge about plants. He starts his plants early in his greenhouse and his results are excellent. Anybody who listens to KSTP radio on Saturday mornings knows that Fred's knowledge of plants is extensive. Few questions stump him.

AND, Just for good measure this evening we will have a mini-session on "Growing Plants in Containers" conducted by Chuck Jonas. Don't miss this event.

SEND IN YOUR RESERVATION CARD PROMPTLY!

ATTENTION: Our March meeting will be held March 22 in connection with the Dayton-Bachman Show. This is the 4th Tuesday in March. Spray will arrive about March 12.

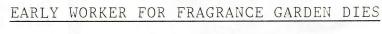






Left Photo: Rick Bonlender and the Robert L. Smith Trophy. Rick was judged best new exhibitor at the annual MGCM Flower and Vegetable Show. Center Photo: Frank Vixo receives the Bronze Medal for his many years of service to MGCM. Chet Groger is presenting it. Right Photo: Bob Smith and the Foley Cup. Bob is a perennial winner of the Vegetable Sweepstakes at MGCM Flower and Vegetable Shows. Bob Heiberg, winner of the Flower Sweepstakes at the show was not present

to receive his award, the Blackbourn Trophy.





Arthur C. Johnson ("Art") a major early worker for the MGCM Community Gardendied January 2, 1988. Art was born March 12, 1900 in Hoffman, Minnesota. Later his family moved to Lake City where he worked in the Jewell Nursery during the summers. After college, he went to work for the Pillsbury company where he started out as a traveling auditor, and then was promoted to Incentive Planner. He retired from Pillsbury after 44 years of service in the spring of 1965.

Art and Florence moved to 7112 Oakland Ave. So. in the summer of 1962. He was a charter member of the Diamond Lake Lutheran Church where he was very active as well as President of the senior citizens group for many years.

Art was very active in gardening and was a member of the Minneapolis Men's Garden Club which he joined in 1967. Ill health forced him to become inactive in 1986. Art and Florence were very hard workers in their garden and they received the Lehman Trophy Award for the most improved garden. Art was also very active in promoting the fragrance garden for the blind on Lyndale Avenue.

Art and Florence loved to travel and in 1965 they spent some time in Europe. On November 1, 1980, they celebrated their 50th wedding anniversary.

WE WELCOME NEW MEMBERS

John L. Fesler 729-5640 4717 Folwell Dr., Mpls. 55406

Robert Kelly 529-7643 1319 - 46 Ave. N., Mpls. 55412

Darwin Price 1425 Raleigh Dr., Burnsville 55337 9715 - 29 Ave. N., Plymouth 55421

890-0873 Gregory P. Smith 545-6027



Back: Nystrom, Bonlender,
Petterson, Berg

Front: Olson, Reynolds, Johnson, Stenger

Insert: Neby

1988 OFFICER AND DIRECTOR PROFILES by Chet Groger

DUANE REYNOLDS, PRESIDENT: Duane has been a very active member since joining our Club 5 years ago. Having served as Secretary for 2 years and Vice President last year, he now moves to the Presidency of our Club for the year of our Minneapolis MGCA Conven-He has served on several committees, including Tours, Flower and Vegetable Show, Plant Auction, Community Garden and Raffle committees. Duane is Director of Out Patient Programs, including Mental Health and Chemical Dependency, at Mercy Medical Center. He is a member of the North Star Lily Society, the Minnesota Gladiolus Society and the Minnesota Dahlia Society. He is also a certified judge of the Minnesota State Horticultural Society. Although he grows vegetables, Duane specializes in fruits, including

apples, cherries, plums, grapes and blueberries, at his home in New Hope.

DUANE JOHNSON, VICE PRESIDENT: Duane II, or Duane the 2nd, has been a member for 6 years and has served on committees including Arbor Day and Community Garden committees. At his home in south Minneapolis, he grows many annuals and perennials. Beginning as an Elementary School teacher, Duane has headed the Special Education Department at Field Elementary School in south Minneapolis for 19 years. Duane hopes members can continue to enjoy each other and become better acquainted by joining in committee activity.

RICK BONLENDER, SECRETARY: A member for 3 years, Rick will remain as Secretary for a second year. He is Food Program Manager for the Community Garden and Food Implementation Project of the Self-Reliance Center in south Minneapolis. Garden projects are located in several areas in Minneapolis. Rick is also on the Board of Directors of the American Community Garden Association headquartered in Los Angeles. He is also on the Advisory Committee of the Agri-Business Center of the Minneapolis Public Schools. Rick completed the Master Gardener program this past year and makes use of that training in his own vegetable garden and those in the Community Garden Project.

JOE STENGER, TREASURER: Joe has been a member since 1981 and joined the Club through the recommendation of Otto Nelson, his neighbor. Joe also gardens on a hillside and grows many annuals. He retired in 1983 as Officer In Charge of the Minneapolis Office of the U. S. Commodity Futures Trading Commission. He has previously held positions in other U. S. Government agencies. Joe has served on the Raffle and Photography Committees and as Chairman of the Community Garden Committee.

BOB OLSON, PAST PRESIDENT: Bob has served the Club well since joining 5 years ago. His committee activity includes being Chairman of the Tour Committee for 2 years. He is very active in the Hosta Societies, is Editor for the Midwest Regional Hosta Society and contributes to the Journal of the American Hosta Society. Bob is Chief of Gastroenterology at Ramsey County Medical Center and an Assistant Professor in the U of M Department of Medicine. He teaches at both institutions. Although he specializes in hostas, he grows many annuals in his St. Louis Park garden.

HOWARD BERG, DIRECTOR: Howard has been a member since 1980 and has served on the Calendar Committee and as Chairman of the Christmas Party Committee last year. He is a self-employed contractor doing remodeling and additions to homes. His large yard in Minnetonka includes many annuals, day lilies, roses and vegetables.

HERB NEBY, DIRECTOR: A member since 1982, Herb has been active in the Club from the start. He has served regularly on the Plant Auction Committee and also on the Raffle Committee and Christmas Party Committee. He retired from Minnegasco 2 years ago and expanded his gardening to the point where there is no more room in his yard or in his house for any more plants. He practices intensive flower gardening and is continually trying new types and varieties of plants at his home in Crystal.

SID NYSTROM, DIRECTOR: A newer member, Sid has a very special gardening interest. At his home in Shoreview, he is transforming an area into a bog garden similar to our Northern Minnesota bogs. Along with our native Lady Slipper, it contains other native orchids, pitcher plants, ferns and the Arrowleaf plant that the native Indians used for potatoes. The tubers are edible and taste much like potatoes. The area, of course, includes many wild flowers and also includes an herb garden. Sid also grows roses. Sid is an Engineer in computer software at Honeywell.

KENT PETTERSON, DIRECTOR: Kent joined our Club in 1986 and entered the Flower and Vegetable Show his first year. To his surprise, he won the National Award for his carrots. This would spur anyone into becoming active in the Club, which Kent has done. He has served on the Community Garden Committee. A grower of vegetables and some flowers, Kent has a special interest in herbs and has a dryer for preparation of herbs for home use. He also dries plants for arrangements, either by hanging up to dry or with silica sand. He dries such items as tulips, Dusty Miller and Cockscomb. Kent is an Estimator for Laughlin Electric Company.

HOUSE PLANTS IN WINTER

Jerry Baker who spoke at the Rockford convention has a lot to say about house plants in winter. He claims the humidity they provide can improve your complexion, cut down on respiratory infections, extend the useful life of your furniture, and even improve your mental attitude by reducing stress. He recognizes, of course, that one has to do something besides add plants to get the humidity up to the desired 50%.

He emphasizes the importance of air circulation and suggests use of an oscillating fan. To secure adequate light he recommends grow lights. But the plant needs exercise, too, so "simply turn it a half turn each morning."

Most of us are aware of the dangers of overwatering; that plants in clay pots generally require more attention than those in plastic; that plants should be watered thoroughly but infrequently. We make sure the water drains completely through the holes in the bottom of the pot. We discard the excess water that collects in the saucer. Bakers adds one more proviso, "water and feed early in the day".

For feeding and "bathing" green plants Baker suggests spraying with a mixture of 3 drops of liquid dish soap, 3 drops of household ammonia and one drop of Listerine mouthwash in a medium sized window sprayer of tepid weak tea. He writes: The soap washes off the dust, dirt, smoke, and cooking oils covering the leaves. The ammonia is a quick source of food taken in through the leaves. The tannic acid in the tea helps plants digest sugars and starches, and the mouthwash discourages disease formation.

MEMBER'S CHANGE OF ADDRESS Gerhard Rothen, 312 - 17 Ave. N.E., Mpls. 55454

January MGCM Meeting Report by Andy Marlow

At the January 1988 MGCM meeting, held once again at Lake Harriet United Methodist Church with Agnes Ostlund catering, Vice-President and program chairman Duane Johnson announced that this year we would have two aspects to every meeting's program: a very practical, "how to grow things" session given by Club members and the more traditional lecture or speech. Since this new policy commenced with the aforementioned January meeting, herewith follows a report on both sessions:

Growing Dahlias:

MGCM members Larry Bagge and Harold Gulde shared the chore of educating us about dahlias. Bagge reported that there are 9 size categories, 16 different classes, 15 different colors and some 2000 varieties of dahlia that are officially recognized by the American Dahlia Society. All this has descended from an orange-yellow daisy like flower found growing in Mexico by the early European conquerors. Dahlias grow from tubers that look much like sweet potatoes. They do multiply like other tuberous plants, but must also be dug up each fall, as they are too tender for our climate. Larry gave the following tips for planting dahlias:

- 1. About 2 weeks before planting, spread the bed with 10-10-10 fertilizer and deep spade the bed.
- 2. Dig the hole for each plant a foot deep and fill the bottom 8" with compost or peat mixed with bone meal.
- 3. Place the tuber on top of the organic material with the growing eye facing up, only one eye per tuber. Cover with soil and put in a support stake 1/2" concrete reinforcing bar 7' tall is recommended. Tuber should be spaced 3' apart.
- 4. The shoot should come up in 2 to 3 weeks. After the third set of paired, normal-sized leaves appear, pinch out the center stem. Allow just four stems to develop for larger varieties, 6 stems for smaller ones.
- 5. Water well and mulch to conserve the water and keep the roots from getting too hot.
- 6. Dahlias need lots of food, but each grower develops their own feeding program. You may use liquid or granular fertilizer with foliar or root feeding.
- 7. Each stem will develop three buds. Pinch out the side buds to put all the energy into the main bud. Continue to control lateral branches so the plant is always in bloom. Remove all old blooms promptly.
- 8. Dahlias need regular spraying to control pests and diseases, but you should vary the chemicals used to avoid tolerance.

Harold Gulde followed Bagge's presentation with a series of impressive slides of his own impressive blooms. Harold pointed out that the Dahlia Society show on the last two days of the Minnesota State Fair is a good place to see well grown flowers. He also pointed out that most dahlia catalogs have no pictures, so it's best to select your varieties by checking out the State Fair show or visiting a friend who grows them. Both the Dahlia Society and the Minnesota Extension Service have handouts for those who want more information.

Community Gardens:

MGCM Secretary Rick Bonlender is into community gardening as part of his profession. Rick works for the Self-Reliance Center, a project of the American Lutheran Church. He's in charge of the Center's community gardening program and he sketched for us a brief history of the community garden movement and some of the efforts currently underway.

Gardening, usually vegetables, by urban people on public land is nothing new. Some of the first organized community gardens in the United States were Potato Patches in Detroit, Michigan. They were begun as a way for the unemployed to grow some of their own food and were operated from 1894 until 1917. A bit later, about 1900, school gardens were started in some areas to provide a transition for children from rural areas whose families had joined the move toward urbanization. Minneapolis' first effort appeared about 1905. By 1910, the last year of the program, some 150 acres in the city were under cultivation for beautification purposes. Later came the World War I Liberty Gardens and the World War II Victory Gardens, in which those far from the front became "soldiers of the soil." Sandwiched between the two wars were the Relief gardens, designed to decrease reliance on poor relief and soup kitchens.

The modern community gardening movement, of which Rick showed many examples, got its start in the environmental movement and the first Earth Day in the 1970s. Today's gardens involve many people of all ages, races and cultural backgrounds all gardening together. They usually have individual plots, but share resources and often their expertise. Although the gardens start with a vacant lot, they usually end up being a community, serving educational and social purposes as well as horticultural and nutritional.

Rick showed slides of many diverse efforts going on now in the Twin Cities. He gardens at the Walker Church, on 31st Street between 16th and Bloomington Avenues in South Minneapolis. It was there he grew the national award winning peppers for last year's MGCM Flower and Vegetable Show. The land here is owned by the church.

The land for the Fremont Back 40 at 28th and Fremont is owned by the Acme Tag Company and Control Data Corporation in Bloomington has plots for its employees and retirees. The St. Anthony Park District Council in St. Paul has a national award winning community garden on land loaned by the Burlington Northern Railroad. Richfield's community garden in on Minneapolis-St. Paul International Airport land - jet noise doesn't bother many zucchinis! Dodge Nature Center in West St. Paul has a community garden and the University of Minnesota provides land for one in Roseville. Senior Citizens at the Ebenezer High Rise at 2700 Park Avenue have a garden on the grounds. The variety is almost endless.

Rick is currently working on two other projects closely related to community gardens. One would start food shelf gardens, designed both to grow fresh produce for Metro area food shelves and to give food shelf recipients a place and some resources to grow some of their own food. The second project is to convince the Minneapolis City Council to adopt a city food policy, similar to the one already approved in St. Paul. The goal of the policy would be to provide Minneapolis' citizens with a source of fresh, safe, affordable, nutritious and accessible food regardless of income, race, creed or national origin. Community gardens would, of course, play an important role in implementing this policy. For more information, contact Rick at the Self Reliance Center, 1916 Second Avenue South, by calling 870-4255, or talk with him after the next MGCM meeting.

Every Member Sponsors A New Member Every Member Sponsors A New Member Every Member Sponsors A New Member



I usually view February as the end of winter. The seeds have sprouted, the days are longer. We can still get 6' of snow, but it won't last for long. I spent January at the U of M - St. Paul campus attending the Master Gardener Program. About 95 people from the metropolitan area counties attended the 48 hours of instruction. I received a resource



book covering the major aspects of horticulture, from landscape architecture to pest control. If anyone is interested, the program will be held again in '89. I can't think of a better way to spend a January, unless I could go to Phoenix for a month.

The board decided to have a short horticulture talk along with the monthly program, shorten the business portion and concentrate on horticulture. I think that for most of the planned talks, I can find a handout from the Master Gardener Book.

The March meeting will be March 22, at the Dayton-Bachman show, more information in the March Spray. I know the focus will be on the Walker gardens, the new area at the Walker Art Center.

At our monthly meetings, I plan to have handouts on how to prepare plants for exhibition: growing, pest control, conditioning, "what judges look for" etc. Our club will have its show in August and we want a good turn out.

One last plea for volunteers. Our annual committee sign up night is our January meeting. Our attendance was down a little (if you recall we had a mini-blizzard), so some members have not the opportunity to indicate their interest. Please fill out the form in the Spray and mail it to me as soon as possible. The best way to meet other members is to take an active part in one of our committees.

Happy Gardening , - Duane Reynolds

MEN'S GARDEN CLUB OF MINNEAPOLIS

Committee Preference

To All Members:

The vitality of MGCM is directly proportional to how actively you participate on the club committees. All members are urged to serve on at least one committee and to volunteer to chair a committee of special interest to them.

To get involved is to get to know your fellow club members. And getting to know your fellow club members is an important part of feeling a part of the club. Please check the committees on which you would be willing to serve and indicate any committee you would be willing to chair.

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Member's Name

COMMITTEES

MEN'S GARDEN CLUB OF MINNEAPOLIS

Arbor Day Committee:

To select and arrange the planting of a tree on Arbor Day in the metropolitan area.

Auditing Committee:

To annually audit all records of the club - guide record keeping procedure to Treasurer - give annual club audit.

Awards/Trophies Committee:

To monitor and account for all awards/trophies issued by the club - to establish criteria for awards/trophies - all engraving and to make presentations at the appropriate event and/or at designated award/trophy meetings.

Bronze Medal Committee:

Composed of the current recipient as chariman and the last previous four recipients. To award the Bronze Medal at the Christmas party to a member in recognition of outstanding service during the year.

Calendar Committee:

To work with membership in the sales of MGCA calendars and their distribution.

Christmas Party Committee:

To plan and make all arrangements for the club's annual gala event - the grand finale of the year the Christmas Party.

Community (Fragrance) Garden Committee:
To plan and organize planting, rework (as authorized) projects and maintenance of the garden area and to supervise actual work of planting and maintenance to maintain photographic exhibits of committee activities.

Flower/Vegetable Show Committee:

To plan, promote, supervise and make all necessary arrangements for the club's annual flower/vegetable show.

<u>Garden Spray Committee:</u>

To accumulate reports, news of club members, garden articles, etc., and to assist the Editor in the publishing and distribution of the monthly bulletin of the club.

Sunshine Committee:

To keep in touch with members who are hospitalized or ill - send appropriate get well cards signed by members - sending of plants/flowers as directed - to use hospitality calling committee for emergency notifications.

Historian:

To write, maintain records of all events, activites, functions of the Men's Garden Club of Minneapolis, to include community activities, functions and events worthy of recording.

Hospitality Committee:

To greet new and old members at each club meeting - making everyone welcome - to issue and collect name tags - special handling of guests - assist treasurer in collection and tallies of dinner and other monies - is suance of meal tickets, maintain reservations/attendance roster - to offer/arrange assistance in the form of transportation of members with those problems - coordinate functions with the Membership Committee - maintain a telephone committee to inform members of meetings and special events.

Membership Committee:

To assist new members in attendance at the meetings, introduction, hosting. To assist club board to gain and maintain membership - promote the club and all its activities.

Nominating Committee:

Composed of the present club President and the past five club Presidents who will solicit and select from within the club membership individuals to fill the offices of President, Vice President (program chairman), Secretary, Treasurer and four Directors. Every attempt will be made to upgrade the current membership of the Board and replace two directors each year.

Photography Committee:

To plan, promote and solicit progressional photos of member's flower and vegetable gardess, landscape projects, decks and patios and other gardening interests - to include club projects and special tours as to have available for presentation to club membership in the course of monthly scheduled meetings.

Raffle Committee:

Conduct raffles at monthly meeting - awarding garden oriented prizes.

Spring Plant Auction Committee:

To plan, solicit and obtain plants and materials; select the site and stage the production of the annual spring plant sale and auction as a fund raising activity for club projects and obligations.

Tour Committee:

To select gardens for summer tours; visit ahead of time the gardens to be toured; to make arrangements for transportation and all special requirements for the tour.

FRAGRANCE GARDEN - 1988

Important steps were taken this past fall to renew and rebuild the Fragrance Garden. Led by Duane Johnson, Phil Peterson and many volunteers preparations for the 1988 season were begun. In addition to clearing the garden the soil was tilled and compost added. Bulbs and Arborvitae were planted. Still, a great deal of work is ahead in this new year. Large areas for new plantings are available. We need your comments, suggestions and support to complete what was started in 1987 with the generous plant contributions of Nate Siegel. For instance, some have suggested the possibility of a greater emphasis on "fragrant" plants. What do you think?

In recent years, we have relied to a large degree upon the contributions of the park board for plant materials. This has, however, tended to limit the selection of plants to annuals and that which was available from the growers. We will, of course, again request plants from the park board. In addition, it is hoped that among the club members we have fellows who have plants or seedlings they could contribute. Here's how you can help.

- 1) Adopt a plant from our possible plant list below and grow a flat along with the other plants you start this winter.
- 2) Suggest another plant, especially one hard to get, for spring planting.
- 3) Contribute divisions of perennials for this spring or bulbs for next fall. Use the plant list as a guide. It is not all inclusive and other suggestions are needed.
- 4) Join the FIG (Fragrance Inspection Group) meetings for the fun of planning next year's garden.
- 5) Help in the spring to prepare the fragrance garden for the '88 Convention Tour. Help the MGCM present a garden of which we can all be proud.

Our budget is limited. In fact, it won't be possible to do a top notch planting without your help. Please contact someone on the following FIG list soon. Joe Stenger, Phil Peterson, Duane Johnson, Duane Reynolds, Kent Petterson or Bob Olson.

After we have determined what plants will be available for use in the Fragrance Garden, a master plan will be developed to guide the planting in the spring. A description of form and color will be helpful for any plant contributions.

- Went Patterson

The list of plants below and on the back of this page has been compiled for possible inclusion in the Fragrange Garden. Many are fragrant. With a couple of exceptions all the perennials are hardy to at least Zone 4. This list is not exhaustive and other ideas are welcome. Emphasis on approximate July 4th bloom is desirable. Comments are requested as to the suitability of any particular plant listed.

BULBS/CORMS

1 - Tulips

2 - Iris

3 - Daylily

4 - Other

(continued over)

PERENNIALS

1 - Mother of Thyme (Thymus serphyllum) 2 - Lemon Thyme (Thymus citriodus) 3 - Chives (Allium var.) 4 - Lemon Balm (Mellissa officinalis) 5 - Lavender (Lavendula var.) 6 - Camomile (Anthemis var.) 7 - Sweet Woodruff (Galium odoratum) 8 - Bee Balm (Monarda didyma) 9 - Soapwart (Saponaria officinalis) 9 - Soapwart (Saponaria officinalis) 10 - Rock Soapwart (Saponaria ocymoides) 11 - Yarrow (Achillea var.) 12 - Pinks (Dianthus var.) 13 - Gas Plant (Dictamus albus) 13 - Gas Plant (Dictamus albus)
14 - Queen of the Night (Filipendula rubra)
15 - Queen of the Meadow (Filipendula 'Spirea' ulmaria)
16 - Dame's Rocket (Hosporia matronalia) 16 - Dame's Rocket (Hesperis matronalis) 17 - Hosta, Plantain-lily, Funkia (Hosta var.) 18 - Lupine (Lupinus polyphyllus) 19 - Catmint (Nepeta faassenii) 20 - Peony (Paeonia var.) 21 - Phlox (Phlox var.) 22 - Primrose (Primula var.) 23 - Showy Stonecrop (Sedum spectabile) 24 - Columbine (Aquilegia chrysantha) 25 - False Spirea (Astilbe arendsii) 26 - Feverfew (Chrysanthemun parthenium) 27 - Betony (Stachys officinalis) 28 - Rose Campion (Lychnis coronaria) 29 - Moonbeam (Coreopsis verticillata) 30 - Cranesbill (Geranium var.) 31 - Wintergreen (Gaultheria procumbens) 32 - Mint (Mentha var.) 33 - Rue (Ruta graveolens) 34 - Sage (Salvia officinalis) 34 - Sage (Salvia officinalis) 35 - Hyssop (Hyssopus officinalis) 36 - Chrysanthemum (Chrysanthemum var.) BIENNIALS 1 - Parsley (Petroselinum crispum) 2 - Foxglove (Digitalis purpurea) ANNUALS 1 - Anise (pimpinella anisum) 2 - Basil (Ocimum var.) 3 - Dill (Anethum graveolens) 4 - Summer Savory (Satureja hortensis) 5 - Marigold (Tagetes var.) 7 - Flowering Tobacco (Nicotiana alata)
8 - Pot Maricold (Calendula officinalis)
9 - Snap Dragon (Apticulation 6 - Petunia (Petunia var.) 9 - Snap Dragon (Antirrhinum majus) 10 - Pansy (Viola var.) 11 - Stocks (Matthiola incana) 12 - Sweet William (Dianthus barbatus) 13 - Sweet Marjoram (Marjorana hortensis)

14 - Sweet Sultan (Centanrea moschata) 15 - Spider Flower (Cleoma hasslerana)