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March 2019
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# March 12 Meeting Preview

#### "THE ART AND SCIENCE OF PERENNIAL GARDENING" WITH HEIDI HEILAND



Learn about the fun and artistic side of site selection, soil preparation and cultural requirements for perennial gardening.

Many of us are familiar with Heidi from <u>Heidi's Lifestyle</u> <u>Gardens</u> and from visiting her garden on a one of our tours.

#### Directories and bookmarks available.

If you don't have your 2019 club directory, you can pick one up at the meeting. We also plan to have bookmarks for members to distribute at local garden centers, libraries and other places gardeners hang out.

Tuesday, March 12 Meeting location: Lakewood Cemetery Mausoleum

6:00 Social Time6:15 Dinner7:00 Business Meeting7:30 Program

Menu Honey Dijon Chicken Red Potatoes Mixed Vegetables

- Permanent reservations are in effect.
- Dinner is \$13.00.
- Reservations or cancellations are required no later than Friday, March 8.
- Email Sharla Aasang at <u>resmwgcm@juno.com</u>, or call (612) 623-9341 and leave a message.
- Note: for last-minute cancellations, contact Sharla. If she can sell it, you won't be billed.

## A PEP TALK

I hope everyone is keeping busy and staying warm as we anxiously await warmer weather and melting snow. As a club we have many things to look forward to this spring and summer.

The next few months include some great speakers at our meetings, our annual plant sale, and being able to work in our public gardens where you can spend time to improve our community and make our city even more beautiful.

We have public and club tours this summer, and we have been chosen by the Minnesota Landscape Arboretum to be their honored guest at their Summer Solstice Fundraising Gala in June.

We are going to see the start of projects at Lake Harriet and the Minnesota Veterans home with some of our legacy funding through the Deane Grants.

We have so much to look forward to, if only the snow would melt. Keep the faith. Spring will come, I promise.

# Plant Sale Committee Gary Geister, Chair

### **VOLUNTEER FOR THIS YEAR'S PLANT SALE**

This year's sale is on Tuesday, May 7, at St. Mary's Greek Orthodox Church, 3450 Irving Avenue South in Minneapolis. Sale hours will be Noon to 6:30 p.m.

This is the club's main fundraiser, and we need many volunteers to make it happen. Here is a list of the jobs that need to be done.

- 1. Transplant at Gary Geister's house in Eagan, Sundays and Mondays from mid-March through April (Gary will call volunteers as needed and as volunteers are available).
- 2. Create labels and bench cards as needed at Gary's house. Date/time TBD
- 3. Put up/take down signs around the church neighborhood.

- 4. Set up at the church on the Monday before the sale.
- 5. More setup at the church on Tuesday, the morning of the sale.
- 6. Checkout assistants, cashiers and carryout assistants during sale (2 shifts).
- 7. Floor assistants during the sale (2 shifts).
- 8. Tear-down and cleanup after the sale.

Please let me know how you are able to help or if you have any questions. Email <u>Mary Maynard</u> or call (952) 926-7506.

I will bring a signup sheet to the March meeting, too. And, thanks so much to everyone who already signed up at the February meeting.

-- Mary Maynard

# Flower, Food & Foto Show Judy Berglund, Chair

### 2019 FEATURED VEGETABLE: BEETS



poorly in hot weather.

The featured vegetable for the August 2019 Flower Food and Foto Show is beets. The varieties can vary in colors including red, yellow, white and red/white striped zones. The beet leaves as well as the roots are delicious.

Beets like cool weather. Plant them after the temperature of the soil has reached 50 degrees. They grow well in cool temperatures in spring and fall and do

Plant beet seeds in a row ½ inch deep and 1 to 2 inches apart. Cover the seeds lightly with loose soil and then sprinkle them with water. You should see the plants in 7 to 14 days. If you want a continuous supply of beets, plant several plantings about 3 weeks apart. Beets grow best in full sun but also do well in partial sun.

Harvesting beets can be done about 8 weeks after planting when beet roots have reached the desired size. Gently dig them up from the soil. Beet greens can be harvested as well. Harvest beet leaves while beets are young and the roots small. Beets can easily be grown in containers on your patio or deck.

Beets should be exhibited as 3 beets of uniform size and shape. Side roots should be carefully trimmed off, but not the tap root. Trim tap root to 2 inches. Beet tops should

be trimmed to between 1-1/2 to 2 inches above the crown. Root vegetables should be carefully washed but not scrubbed which could injure the outer skin.

So here is to healthy eating, try planting a few beets.

# Lyndale Garden/Mixed Border Garden Kay Wolf, Chair

#### **COMMUNITY SERVICE IN PUBLIC GARDENS**



The MWGCM has long been known for its community service. The club has supported Lyndale Park in Minneapolis since 1952, with anniversary plantings, Arbor Day plantings, the creation of an Arboretum, and a Perennial Trial Garden. Current projects include a Perennial Mixed Border Garden, a Native and Shade Garden, and a Winter Interest Garden.

Along with these projects, the Arbor Day Committee

gives and plants trees in numerous Minneapolis public parks. This year the club gave Deane Grant funding for two projects: a new garden near the Lake Harriet bandshell and a garden at the Minnesota Veterans' Home. Even though the VA garden may not be public, all of our veterans have served us, and it's a worthwhile task to make a garden for them.

Have you volunteered on a community service project? If no, why not? We would like to get every member to join us for at least one work session. It is a great way to share garden knowledge. We will publish the work day hours and events in the upcoming issues of the *Garden Spray*.

Contact members who lead these projects for information:

Kay Wolfe, Lyndale Park Mixed Border Garden Kirky Otto and Carol Schreier, Lyndale Park Native and Shade Gardens Robert Kean, Lyndale Park Winter Interest Border and Arbor Day Paul Wayt, Lake Harriet Garden Steve Shubick, Minneapolis Veterans' Home Day Center Courtyard

Let's share our gardening gifts with our community.

"The meaning of life is to find your gift. The purpose of life is to give it away." -- Pablo Picasso

## Marketing & Publicity Committee Becky DeLaCruz, Chair

In addition to gearing up for the May Plant Sale and July Public Tours, the MWGCM will again be promoting our club at the Dundee Nursery and Landscaping "Spring Kick-off" on Saturday, April 13, 10 a.m. to 4 p.m.

These members will deliver "lecturettes" at the expo between 10 a.m. and 2 p.m.:

Bob Olson and Andy Marlow M.T. Pulley Judy Berglund Larry Larson Everything You Wanted to Know About Hostas All About Composting Square Foot Veggie Gardening Everything Dahlias

Plan to come out and join us and see what Dundee Nursery has new this year for your gardens, as well as to hear our own members share their gardening knowledge.

Dundee Nursery and Landscaping is located at 16800 Highway 55, Plymouth.



## Spring Floral Experience: Galleria Garden Party with Flowers by Bachman's

This second annual event, Sunday, March 24, through Sunday, April 7, will feature more than 100 types of trees, plants, and flowers, including thousands of spring bulbs.

No tickets or reservations are necessary, as the floral experience will be installed in Galleria's public spaces, free for all to enjoy during

Galleria's hours of operation.

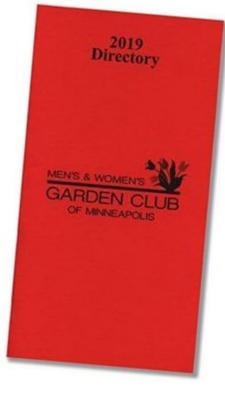
Free valet parking will also be available, as well as covered parking in the Galleria parking ramp.

For more information visit websites for **Bachman's** and the Galleria.

# Membership Corner Kathy Lenarz, Chair

We have three new members: **Phoenix Heller**, **Gerard Shannon** and **Buffie Shannon**. We will have full introductions in a future *Garden Spray*. Please join me in welcoming them to the MWGCM.

If you don't have your 2019 Directory yet, please contact <u>Kathy Lenarz</u>.



Every member bring a member.

# Board Meeting Highlights Sue Clark, Recording Secretary

Here is a brief recap of the MWGCM Board Meeting on January 2, 2019:

The Board welcomed new members Linda Wilkins, Vice President; Sue Clark, Recording Secretary; and Suzanne Holt, Director.

The Schedule of Meetings for 2019 was updated with final dates for the Plant Sale on May 7, the FFF Show on August 10 and 11, and the Holiday Party scheduled for December 10, 2019.

A report from the website committee indicated they were considering and meeting with three different vendors.

The proposed budget for 2019 was discussed and finalized for presentation and vote at the January Membership Meeting. It was decided to include details regarding the Holiday Party income and expenses in the Budget presentation to members. The bequest from the Berg Estate has been received, and the Board will need to determine how to best utilize these funds as well as other legacy funds that may be received.

The Membership Committee reported that the club is starting the new year with twelve more members than the previous year.

Board liaisons to each of the club committees were finalized.

(See complete Board Liaison list here.)

Additional topics for the membership survey were discussed.

Respectfully submitted, Sue Clark, Recording Secretary

## Treasurer's Snapshot Alan Gallaher, Bill Clark, Co-treasurers

#### AS OF FEBRUARY 25, 2019

Checking Balance	\$ 59,569
<b>Designated Funds</b> Lyndale Park/Mixed Border Garden Scholarship Deane Fund at RCU	\$2,286 \$3,691 \$58,916
Working Balance	\$ 53,592
Petty Cash	\$ 100
MWGCM 19-month CD at US Bank	\$ 5,459

# 2019 Meeting & Event Calendar

March 12 Art & Science of Perennial Gardening Heidi Heiland Lakewood Cemetery Mausoleum

**April 9** Landscape Design Matt Brooks Lakewood Cemetery Mausoleum August 10 & 11 Flower, Food & Foto Show Minnesota Landscape Arboretum

September 10 Lillies Forrest Peiper Lakewood Cemetery Mausoleum

October 8

May 7 Annual Plant Sale St. Mary's Greek Orthodox Church

June 11 Lilacs in Minnesota Peter Moe Lakewood Cemetery Mausoleum

July Garden Tours TBA Program TBA Lakewood Cemetery Mausoleum

**November 12** The Most Toxic Plants & Fungi of Minnesota Laurie Willhite Lake Harriet Methodist Church

**December 10** Annual Holiday Party & Silent Auction

# 2019 Officers & Directors

#### **Club Officers**

**President** Anne Spenningsby Minneapolis

Vice President Linda Wilkins Richfield

Membership Secretary Kathy Lenarz Richfield

**Recording Secretary** Sue Clark Minnetonka

#### **Co-treasurers** Alan Gallaher

Edina

Bill Clark Minnetonka

**Past President** Mary Barsness Prior Lake

#### **Directors**

John Cooke St. Louis Park

Suzanne Holt Minneapolis

Linda Thompson Minneapolis *The Garden Spray* is published monthly by the Men's and Women's Garden Club of Minneapolis, Inc. for its members. The Men's and Women's Garden Club of Minneapolis is a not-for-profit, equal opportunity organization.



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